

# SHARJAH INDIAN SCHOOL

## YEAR PLAN FOR THE ACADEMIC YEAR 2018-2019

**GRADE: XII**

**SUBJECT: PSYCHOLOGY (037)**

MONTH	THEORY			PRACTICALS		
	Unit No	Title of Lesson	No. of Periods	Name of Experiment/ Project Planned	No. of Periods	Remarks
APRIL	1	Variations in Psychological Attributes	13			Cycle Test
	2	Self and Personality	14			
MAY	2	Self and Personality (Continued...)	10	Assessment of Intelligence	4	Cycle Test
	3	Meeting Life Challenges	12			
	4	Psychological Disorders	11			
JUNE	4	Psychological Disorders (Continued)	13	Assessment of Personality	5	Periodic test I
	5	Therapeutic Approaches	7	Anxiety Test	5	
July		Case profile guidelines/discussion	8			

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SEPTEMBER	5	Therapeutic Approaches (continued.)	13			
	6	Attitude and Social Cognition	13			
OCTOBER	6	Attitude and Social Cognition	6	Attitude Scale	3	Half Yearly Exam
	7	(Continued.) Social Influences and Group Processes	17			
NOVEMBER	8	Psychology and Life	13	Adjustment Inventory	3	Periodic Test II
	9	Developing Psychological Skills	10	Case Profile submission	4	
DECEMBER		Revision		Record Submission		Cycle Test
JANUARY		Model Examination Model Practical Examination				Periodic Test III
FEBRUARY		AISSC Practical Examination				
MARCH		AISSC Examination				

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