



# SHARJAH INDIAN SCHOOL

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## OUR VISION

Educate Enlighten Empower

Circular No. SIS/034/2023-2024

19<sup>th</sup> September 2023

### [For the Girls from Grade IV to XII Only]

Dear Parent  
Sir/Madam

Greetings from Sharjah Indian School.....

Our school will be organizing the annual sports meet for the academic year 2023-2024 shortly and prior to the sports meet we will be having the selection for various events as per the criteria given below.

Along with academics, sports and games are also equally important for the physical development of the child, so please encourage your ward to participate in the same.

### Annual Sports Meet 2023-2024 (Girls Wing – Grade IV to XII)

#### Instructions to participants

1. A competitor can take part maximum in 2 events excluding Relay Race.
2. Competitors shall report in sports uniform.
3. No competitor can enter in 2 divisions (2 age groups).
4. All entry forms should be countersigned by the parents and the respective class teachers.
5. Forms duly filled in should reach the respective Class Teachers on or before Thursday, 21/09/2023.  
P.E. teachers will collect the form from the class teachers on 25/09/2023.

#### Age Group

- Under 10 years (Born on or after 01/01/2014)  
Under 12 years (Born on or after 01/01/2012)  
Under 14 years (Born on or after 01/01/2010)  
Under 16 years (Born on or after 01/01/2008)  
Under 19 years (Born on or after 01/01/2005)

#### EVENTS

##### Sub Juniors (Under 10)

01. 50 m Dash
02. Softball throw
03. Standing Broad Jump
04. 4×100 m Relay

##### Juniors (Under 12)

01. 50 m Dash
02. Softball throw
03. Standing Broad Jump
04. 4×100 m Relay

##### Inters (Under 14)

01. 100 m Dash
02. 200 m Dash
03. Long Jump
04. 4×100 m Relay

##### Seniors (Under 16)

01. 100 m Dash
02. 200 m Race
03. Long Jump
04. Shot Put (3 kg)
05. 4×100 m Relay

##### Super-Seniors (Under 19)

01. 100 m Dash
02. 200 m Race
03. Long Jump
04. Shot Put (4 kg)
05. 4×100 m Relay

#### Note:

The Preliminary Selections for track events and finals of a few events (track & field) will be held before the annual sports day. The schedule will be communicated to the children accordingly.

  
PRAMOD MAHAJAN  
PRINCIPAL



19<sup>th</sup> September 2023



**Annual Sports Meet 2023-2024 (Girls Wing)**

**Entry Form**

**(To be submitted to the respective Class Teacher on or before Thursday, 21/09/2023)**

Name of the Student (as per school record): \_\_\_\_\_

G.R. No. \_\_\_\_\_

Class & Section: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age Group: Sub Junior / Junior / Inter / Senior / Super Senior

House (Class IV to XII): \_\_\_\_\_

Events : 1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_  
**Signature of the Parent**

Verified the entries and found it to be correct.

\_\_\_\_\_  
**Signature of the Class Teacher**

**FOR OFFICE USE ONLY**

Accepted / Rejected

Reason: \_\_\_\_\_

Date: \_\_\_\_\_

\_\_\_\_\_  
**Signature of Physical Education Teacher**